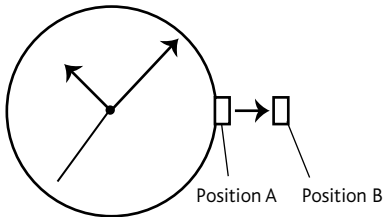


Quartz Analogue Operating Instructions

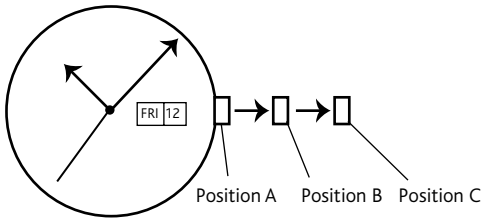


Please note: The second hand will not start moving until the crown has been returned to Position A.

To set the time:

1. Gently pull out crown to Position B.
2. Turn crown either way to correct time.
3. Push in crown to Position A.

Quartz Analogue Operating Instructions continued...
For Calendar Models



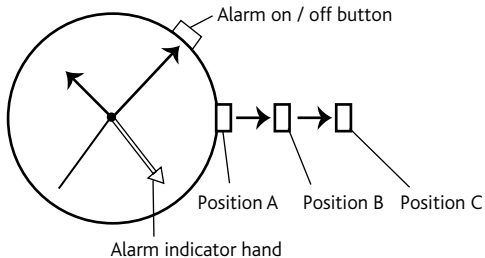
To set the calendar/date:

1. Gently pull out crown to Position B.
2. Turn crown anti-clockwise to adjust date, clockwise to adjust the day.
3. Push in crown to Position A.

Note: The Day will start to change at 11.25 p.m. and complete its change by 12 0' clock midnight. The Date will start to change at 12 0' clock midnight and complete its change by 4 a.m. Day/Date models have Bi-Lingual day settings; if you select English, the watch will continue to display in English.

Quartz Analogue Operating Instructions continued...

For Alarm Models



To set the alarm:

1. Gently pull out crown to Position B.
2. Turn crown clockwise to adjust the alarm indicator hand.
3. Push in crown to Position A.

To switch alarm on, gently pull out Alarm On/Off Button.

To switch alarm off, depress the Alarm On/Off Button.

Note: The alarm will sound for 15 seconds, before automatically switching itself off. After 2 minutes, the alarm will automatically repeat for a further 15 seconds before switching itself off.

For Electro-Luminescent Models

Electro-Luminescent is state-of-the-art technology which allows you to read your watch under any lighting conditions.

To operate depress the Electro-Luminescent Button.

Note: The battery life will be affected by the number of times the E L display is operated; based on typical use of 2-3 times a day; the battery life expectancy is 2 years.

Care of your watch

Avoid temperature extremes

1. Avoid leaving your watch in direct sunlight or in extremely warm conditions for long periods of time: this will cause malfunctioning and shorten the life of the battery.
2. Do not leave your watch for long periods of time in extremely cold places; this may cause your watch to gain or lose time. Should it begin to gain or lose time, place your watch on your wrist to restore its original accuracy.

Avoid wet conditions

1. Do not operate the buttons when your watch is wet, even on models marked 'Water Resistant'
2. Check case back markings and refer to the Resistance to water section.

continued...

Avoid strong shocks

1. This watch will withstand the bumps and jars normally incurred during sports activities.
2. Avoid dropping your watch on the ground or otherwise imparting severe shock to it.

Avoid strong magnetic fields

1. Keep your watch away from strong magnets
2. Generally, your watch is not affected by magnetic fields from household appliances such as television sets and stereo equipment.

continued...

Care of your watch continued . . .

Avoid harmful chemicals, solvents & gases

1. Avoid wearing your watch in the presence of strong chemicals, solvents or gases.
2. Avoid materials such as gasoline, benzene, paint thinner, alcohol, spray cosmetics, nail polish, nail polish remover, adhesives or paint.

Periodic inspection

1. A regular 4 to 5 years service by an authorised Accurist technician will ensure trouble free operation.
2. Refer to the After Sales Service section for details.

continued...

IMPORTANT

1. Keep the batteries out of reach of infants and small children. Should accidental ingestion occur consult a doctor immediately.
2. Do not attempt to replace the battery yourself as this invalidates your guarantee.

Keep you watch clean

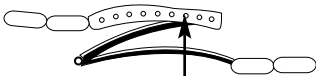
Wipe off any moisture that adheres to the case, glass or band with a soft, clean cloth.

Bracelet Adjustment

The bracelet requires a small adjustment and the model has a Z-type clasp.



1. Depress the end of the spring bar on the centre clasp with a pin.



2. Relocate the spring bar in an alternative hole.

The bracelet requires a significant adjustment or the model does not have a Z-type clasp.

1. Use the enclosed wrist gauge to measure and mark the size of your wrist.
2. Return the completed wrist gauge with your watch
3. Follow the instructions in the After Sales Service section to return your watch for adjustment. Your watch will be adjusted free of charge.

Resistance to water

INDICATIONS ON DIAL OR CASEBACK		LIGHT SPRAY, PERSPIRATION, LIGHT RAIN BATHING, ETC...	SWIMMING ETC...
DIAL	CASEBACK		
-	WATER RESISTANT	OK	X
WATER RESISTANT 50M (5 ATM)	WATER RESISTANT	OK	OK
WATER RESISTANT 100M (10 ATM)	WATER RESISTANT	OK	OK
WATER RESISTANT 150M (15 ATM) AND DEEPER	WATER RESISTANT	OK	OK

SKIN DIVING: DIVING WITHOUT AN AIR TANK	SCUBA DIVING: DIVING WITH AN AIR TANK	DIVING: WHEN USING A HELIUM ENRICHED ENVIRONMENT
X	X	X
X	X	X
OK	X	X
OK	OK	X

Resistance to water

IMPORTANT - NEVER PULL OUT THE CROWN WHEN THE WATCH IS WET.

- Tighten screwlock crown completely
- Water resistance is not a permanent property. We strongly recommend you return your watch for resealing every 4 - 5 years and/or when changing batteries
- "Water resistant" may sometimes be abbreviated as "Water resist" or "WR".
- Never pull out the crown when the watch is wet.
- Always set the crown in the normal position.