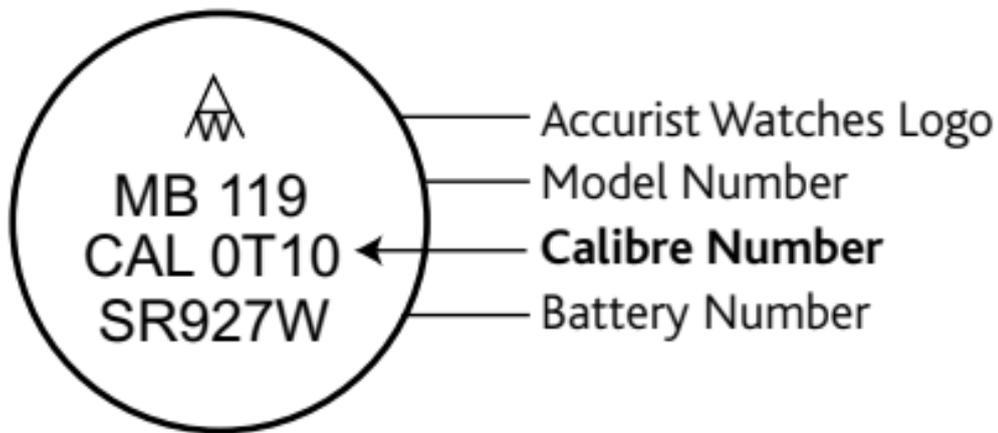
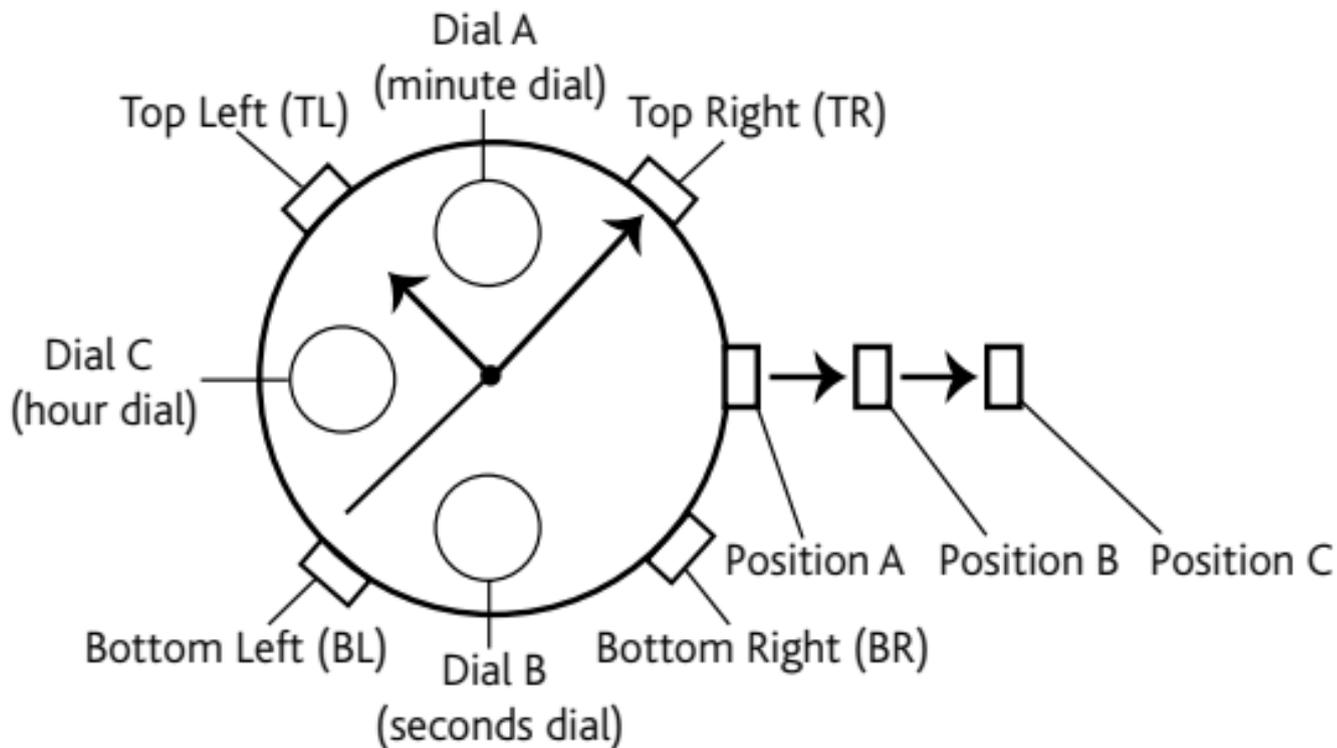


Caseback markings



OS60, OS10 & OT10 Operating Instructions



To set the time:

1. Gently pull out crown to position C.
2. Turn crown either way to correct time.
3. Push in crown to position A.

To set the date:

1. Gently pull out crown to position B.
2. Turn crown anti-clockwise to adjust date.
3. Push in crown to position A.

Using the chronograph:

1. Press BR Button to put the watch in Chronograph mode.
Making sure all sub dials are zeroed. If not, refer to 'Chronograph Zero Reset'.
2. Press TR Button to start and stop the chronograph

OS60, OS10 & OT10 Operating Instructions continued . . .

3. Press BR Button to reset the chronograph

4. When you have finished with the Chronograph function, press BR Button again; this re-starts the small second hand on Dial B.

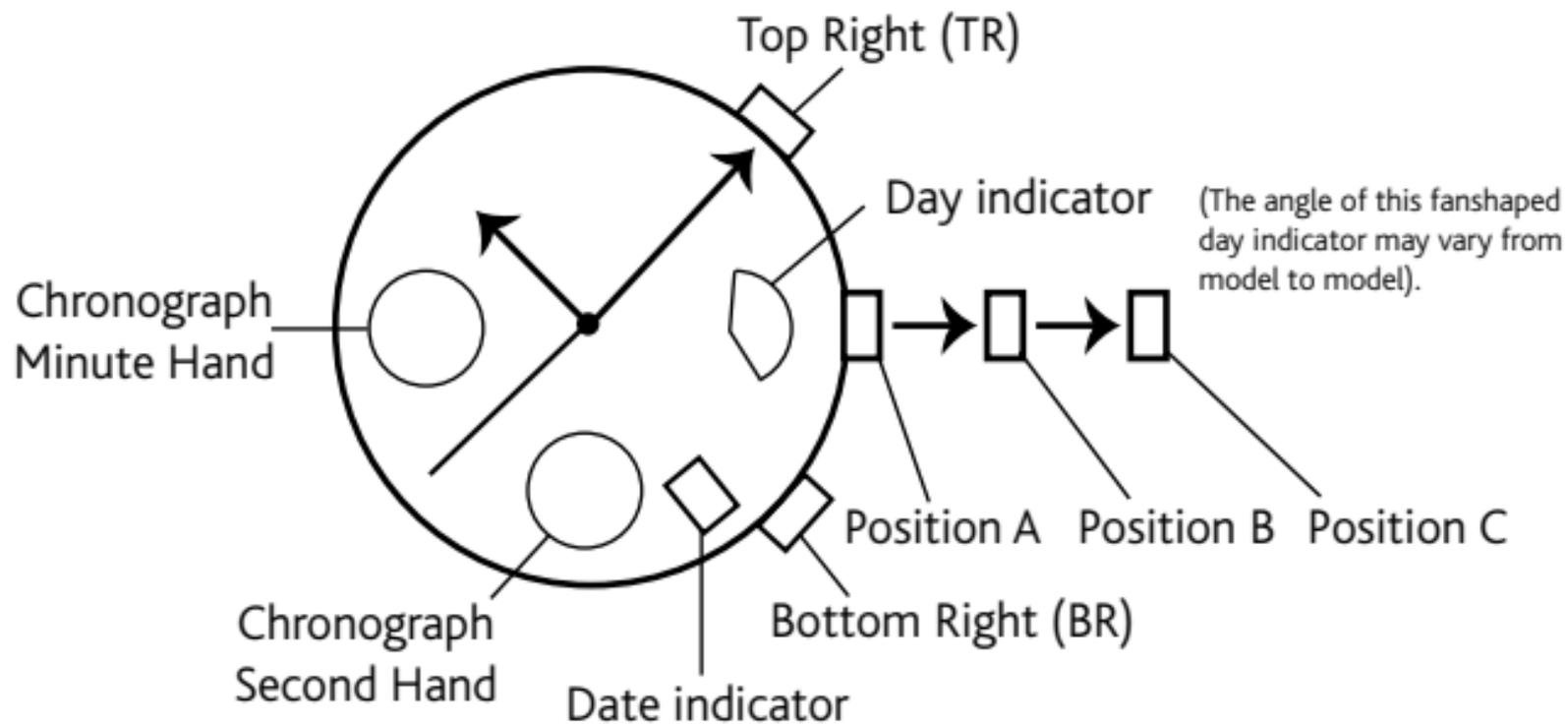
Note: After 30 seconds the Second hand on Dial B will stop at the zero position, however, the time is still continuing to be measured in seconds and when TR Button is pressed to stop the timing, the second hands will automatically move to show the time.

Chronograph zero set:

This procedure is only necessary when the battery is replaced, or when the Chronograph hands do not return to the '0' position, when the Chronograph mode is selected.

- 1.** Gently pull out crown to position C.
- 2.** Push TR Button to advance the sweep second hand to the 12 O'clock position. Please note each push of the TR Button will advance the hand 1 second. Alternatively, depress and hold the Button for 2 seconds and the hand advances continuously.
- 3.** Push BR Button; this automatically re-sets sub dials. Each subsequent push will advance the Second hand on sub dials by 1 marking. Alternatively, depress and hold Button for 2 seconds; the hand will advance continuously until released.
- 4.** Push in crown to Position A.

FS60 Operating Instructions



To set the time:

1. Gently pull out crown to position C.
2. Turn crown either way to correct time.
3. Push in crown to position A.

To set the date:

1. Gently pull out crown to position B.
2. Turn crown anti-clockwise to adjust date.
3. Push in crown to position A.

Note:

If the date is set between the hours of around 9.00pm and 1.00am, the date may not change on the following day.

FS60 Operating Instructions continued . . .

To set the day:

1. Gently pull out the crown to position B.
2. Turn the crown anti-clockwise to adjust day.
3. Push in crown to position A

Note:

If the date is set between the hours of around 11.00pm and 2.00am, the date may not change on the following day.

Using the chronograph:

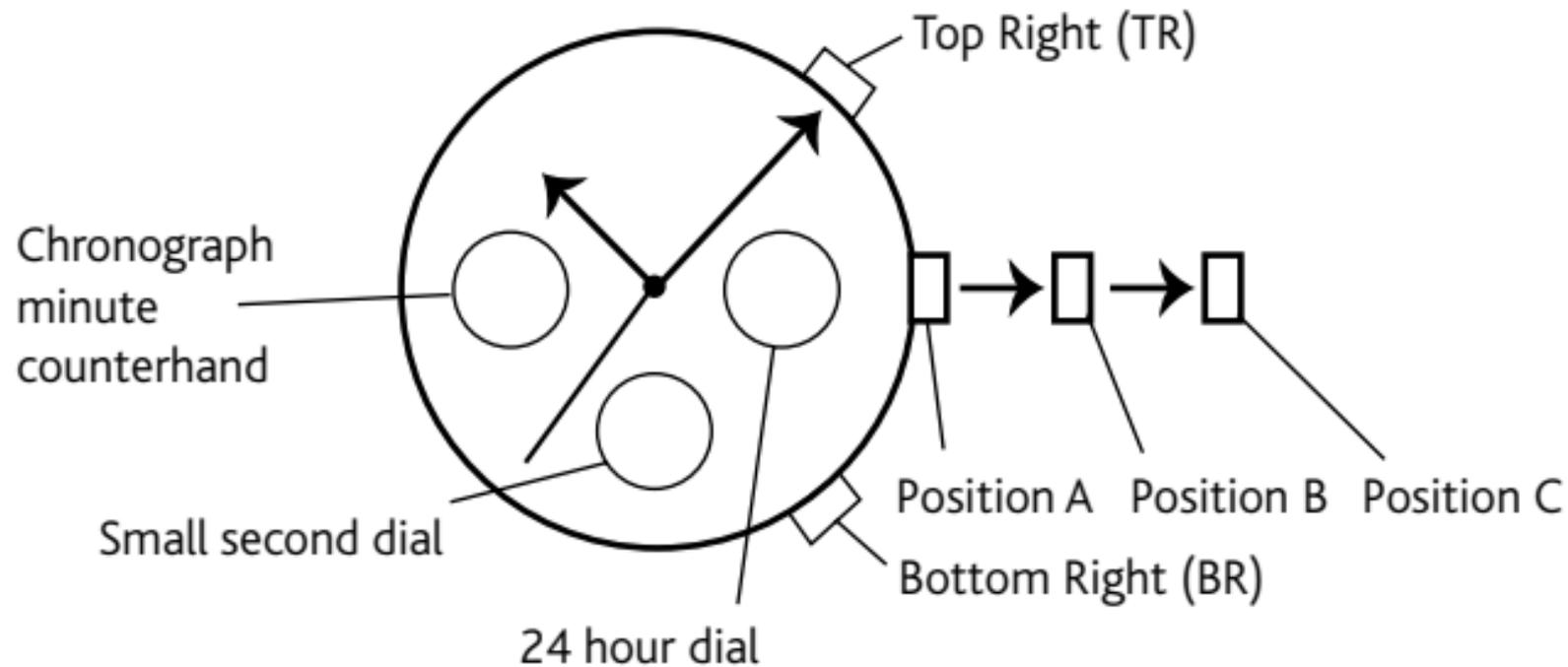
1. Press TR Button to start and stop chronograph.
2. Press BR Button to reset the chronograph.
(the second and minute hands will return to the 12 o'clock (0) position)

Chronograph zero set:

This procedure is only necessary when the battery is replaced, or when the Chronograph hands do not return to the 12 o'clock (0) position.

1. Gently pull out crown to position C.
2. Push TR Button to advance the sweep second hand to the 12 o'clock position.
Please note each push of the TR button will advance the hand 1 second.
Alternatively, depress and hold the button for 2 seconds and the hand advances continuously.
3. Push in crown to position A.

Cal OS20 Operating Instructions



For timing events up to 1 hour

1. To start chronograph press button TR.
2. To stop chronograph press button TR
3. To return hand to zero position press button BR

Troubleshooting - If your watch receives a knock and the second hand is not on zero:

1. Pull out crown to Position C
2. Press TR to advance main second hand to zero
3. Press BR to advance minute counter hand to zero
4. Return crown to Position A

Care of your watch

Avoid temperature extremes

1. Avoid leaving your watch in direct sunlight or in extremely warm conditions for long periods of time: this will cause malfunctioning and shorten the life of the battery.
2. Do not leave your watch for long periods of time in extremely cold places; this may cause your watch to gain or lose time. Should it begin to gain or lose time, place your watch on your wrist to restore its original accuracy.

Avoid wet conditions

1. Do not operate the buttons when your watch is wet, even on models marked 'Water Resistant'
2. Check case back markings and refer to the Resistance to water section below.

Avoid strong shocks

1. This watch will withstand the bumps and jars normally incurred during sports activities.
2. Avoid dropping your watch on the ground or otherwise imparting severe shock to it.

Avoid strong magnetic fields

1. Keep your watch away from strong magnets
2. Generally, your watch is not affected by magnetic fields from household appliances such as television sets and stereo equipment.

Avoid harmful chemicals, solvents & gases

1. Avoid wearing your watch in the presence of strong chemicals, solvents or gases.
2. Avoid materials such as gasoline, benzene, paint thinner, alcohol, spray cosmetics, nail polish, nail polish remover, adhesives or paint.

Periodic inspection

1. A regular 4 to 5 years service by an authorised Accurist technician will ensure trouble free operation.
2. Refer to the After Sales Service section on page 32 for details.

IMPORTANT

1. Keep the batteries out of reach of infants and small children. Should accidental ingestion occur consult a doctor immediately.
2. Do not attempt to replace the battery yourself as this invalidates your guarantee.

Keep your watch clean

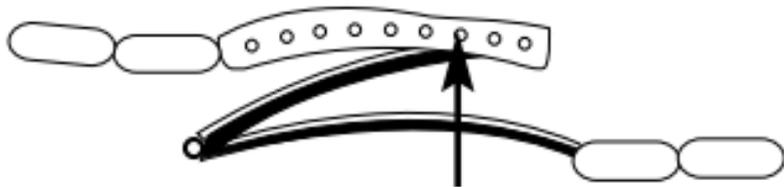
Wipe off any moisture that adheres to the case, glass or band with a soft, clean cloth.

Bracelet Adjustment

The bracelet requires a small adjustment and the model has a Z-type clasp.



1. Depress the end of the spring bar on the centre clasp with a pin.



2. Relocate the spring bar in an alternative hole.

The bracelet requires a significant adjustment or the model does not have a Z-type clasp.

1. Use the enclosed wrist gauge to measure and mark the size of your wrist.
2. Return the completed wrist gauge with your watch

Resistance to water

INDICATIONS ON DIAL OR CASEBACK		LIGHT SPRAY, PERSPIRATION, LIGHT RAIN BATHING, ETC...	SWIMMING ETC...
DIAL	CASEBACK		
-	WATER RESISTANT	OK	X
WATER RESISTANT 50M (5 ATM)	WATER RESISTANT	OK	OK
WATER RESISTANT 100M (10 ATM)	WATER RESISTANT	OK	OK
WATER RESISTANT 150M (15 ATM) AND DEEPER	WATER RESISTANT	OK	OK

SKIN DIVING: DIVING WITHOUT AN AIR TANK	SCUBA DIVING: DIVING WITH AN AIR TANK	DIVING: WHEN USING A HELIUM ENRICHED ENVIRONMENT
X	X	X
X	X	X
OK	X	X
OK	OK	X

Resistance to water continued . . .

IMPORTANT - NEVER PULL OUT THE CROWN WHEN THE WATCH IS WET.

- Tighten screwlock crown completely
- Water resistance is not a permanent property. We strongly recommend you return your watch for resealing every 4 - 5 years and/or when changing batteries
- "Water resistant" may sometimes be abbreviated as "Water resist" or "WR".
- Never pull out the crown when the watch is wet.
- Always set the crown in the normal position.